

Press Release

We Cannot Step Twice Into The Same River

26 September – 01 November 2020



Exhibition Period	26 September – 01 November 2020
Opening Reception	Saturday, 26 September, 3-7 pm
About the Exhibition	FOST Gallery is delighted to present new works by Elaine Roberto-Navas, her inaugural solo exhibition with the gallery.

We Cannot Step Twice Into The Same River is the first part of a quote by Greek philosopher Heraclitus (c. 540 B.C.-c. 480 B.C.). In his Doctrine of Flux, this impossibility of a situation is explained because the river is ever flowing and the person ever changing.

Well-known for her lush landscapes, Roberto-Navas' new paintings are of the same subject matter but here, sky, water and earth are disconcertingly inverted, rendering the landscape almost abstract. But with persistent observation, the forms emerge and a scene appears before us.

Conceived and produced during the lockdown period in Singapore, these poignant new works are based on fellow artist Mawen Ong's photographs. The paintings are an expression of Roberto-Navas' sense of optimism during a time of uncertainty and anxiety. We are resilient and tenacious. We continue to embrace new perspectives to make sense of Life, in the hope that balance will once again be restored. If not without, then within us.

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About the Artists

Elaine ROBERTO-NAVAS (b. 1964, Philippines) is a Fine Arts graduate of the University of the Philippines and also a Psychology major from the Ateneo de Manila University. She won the Juror's Choice Award at the Art Association of the Philippines in 1994 and received Honorable Mention in the Philip Morris Philippine Art Awards in 1995 & Singapore Art Awards in 2002 & 2004. She exhibits frequently in Manila and Singapore.
